

Co. Limerick Adult Education Guidance Service

Welcome

Welcome to the very first Co. Limerick Adult Education Guidance Service newsletter!

In this newsletter you can find out about our service and what is happening in adult education county-wide.



We are an educational information and guidance service for adults. Our service is free, confidential and impartial.

The information service is available to all adults.

The careers and course information library is open to the public from Monday to Friday from 9.30am - 1pm and from 2pm - 4.30pm.

The guidance service is available to adults:

- attending literacy, VTOS or community education courses
- who left education early and are interested in returning to learning
- in receipt of funding from the Education Finance board

Community Outreach

We are also available to meet groups in local communities. To date we have met with adults on community employment schemes, community groups, family resource centres and community development projects. Recent activities include:

- attendance at Information days organised by Ballyhoura Development and West Limerick Resources

To contact us:
Phone **069 62667**, Email-info@colkaegs.com
or drop into us at
3 Lower Maiden St.,
Newcastle West.

We can also meet people by appointment in Dooradoyle, Shanagolden, Dromcollogher and Kilmallock.

Newsletter

What's Inside?

Recent Events

One Learner's Experience of Returning to Education

Upcoming Events

Our Service - In Summary

- **Free**
- **Confidential**
- **Impartial**
- **Educational Options**
- **Career Choices**

Upcoming Adult Education Events

- | | |
|-------------|---|
| 01-02 Sept. | Institute of Technology Tralee, Labour Market Activation Information Evenings in Tralee and Killarney, 6.30-8.30pm, call 066 719 1701 for details |
| 14 Sept. | Limerick Institute of Technology, Lifelong Learning, Information & Registration Evening, 6.30-8.30pm, call 061 208 802 for details |
| 12-13 Oct. | Open Days at Mary Immaculate College, University of Limerick & Limerick Institute of Technology, call 061 202 094 for details |
| 14 Oct. | University of Limerick Careers & Postgraduate Study Fair, call 061 202 114 for details |

University of Limerick Information Session for VTOS Students

The University of Limerick (UL) recently held an information session for VTOS students. This is the first time that a day dedicated to VTOS students was organised. Several students from VTOS programmes in Co. Limerick VEC attended. Students were greeted with a warm welcome to the UL campus by Rhona McCormack.

The information session included presentations on student supports and presentations by lecturers. A favourite with students was the presentation by a current UL student who completed the Access course and is now taking the Bachelor of Arts in History, Politics, Sociology and Social Studies. After lunch, there was a guided walk through the UL campus. It was a positive, informative and enjoyable day.

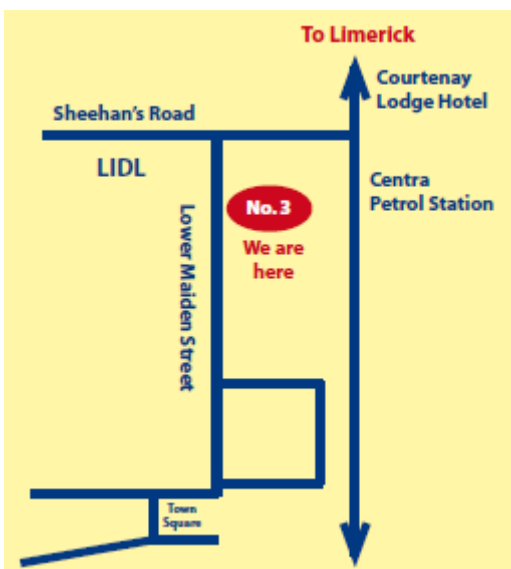
Deirdre's Experience of Returning to Education

A few years ago my future looked bleak; I had no money, no job, little education and three children who depended on me for everything. Then, I heard about a VTOS course in Shanagolden Education Resource Centre and I thought "this is for me".

Nothing could have prepared me for what I got from my time there. I met the most amazing bunch of people and made friends I will have for life. I was so nervous starting the course; I really thought I wouldn't last more than a few weeks. But to my surprise I did all 13 modules that the centre offered, from ECDL to Painting. I found it very rewarding when I completed a module and/or finished an exam. I also studied by night in Limerick Senior College, which has given me a total of 19 modules and 19 Distinctions, in 16 months, which I am very proud of.

The tutors in Shanagolden gave me huge support and encouragement, and because of this and the new skills I learned while attending the centre I have since opened my own business. None of this would have been possible if it wasn't for the high standard of education and support I received from my tutors in Shanagolden and the friends I made there.

"Education gave me a second chance in life. A "can do" attitude goes a long way." Deirdre Lynch



Co. Limerick Adult Education Guidance Service

Jim Quinlan: Adult Guidance Co-ordinator
Marguerite Wallis: Adult Guidance Counsellor
Eveleen Moloney: Adult Guidance Information Officer

**3 Lower Maiden St., Newcastle West (069) 62667,
info@colkaegs.com**

<http://www.limerickvec.ie>